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Chandole, Sharnbasva University



Poojya Doodappa Appa  
Honorary President  
Sharnbasveshwar Vidya Vardhak Sangha  
Chandole, Sharnbasva University

Kalaburagi - 585103, Karnataka - India  
ಕಲಬುರಗಿ 585 103 ಕರ್ನಾಟಕ - ಭಾರತ

Phone / Fax No. 08472-277852, 277853, 277854, 277855 www.sharnbasvauniversity.edu.in - email : Sharnbasvauniversity@gmail.com

UGC Status: Letter No. F.8-29/2017(CPP-I/PU), Dated 20 Dec. 2017. Enlisted by the University Grants Commission, New Delhi, in the list of Private Universities in India.  
A Private University enacted by Govt. of Karnataka as "Sharnbasva University Act. 2012" Karnataka Act No. 17 of 2013. Notification No. ED 144 URC 2016 dated 29/07/2017

Date: 01/07/2023

## FACULTY OF ENGINEERING & TECHNOLOGY (CO-EDUCATION) DEPARTMENT OF ELECTRONICS & COMMUNICATION ENGINEERING

### REPORT ON

INVITED TALK BY: **DR. RAJESHWARI M**, ASSOCIATE PROFESSOR AND HOD,  
DEPT OF OPHTHALMOLOGY GULBARGA INSTITUTE OF MEDICAL SCIENCES

**TOPIC: "INSIGHT INTO VISION: A TALK ON PROTECTION OF OUR PRECIOUS EYES"**

**1. TITLE:** INSIGHT INTO VISION: A TALK ON PROTECTION OF OUR PRECIOUS EYES  
**DATES:** 30-6-2023

**2. Preamble:** Invited talk on "INSIGHT INTO VISION: A Talk On Protection Of Our Precious Eyes" was conducted on 30-06-2023 by the Department of Electronics & Communication Engineering. The talk is to make the UG students to understand the importance of eye health.

**3. Participant's information:** The students of UG 4<sup>th</sup> Semester and 6<sup>th</sup> semester have attended. Total Participants are 100.

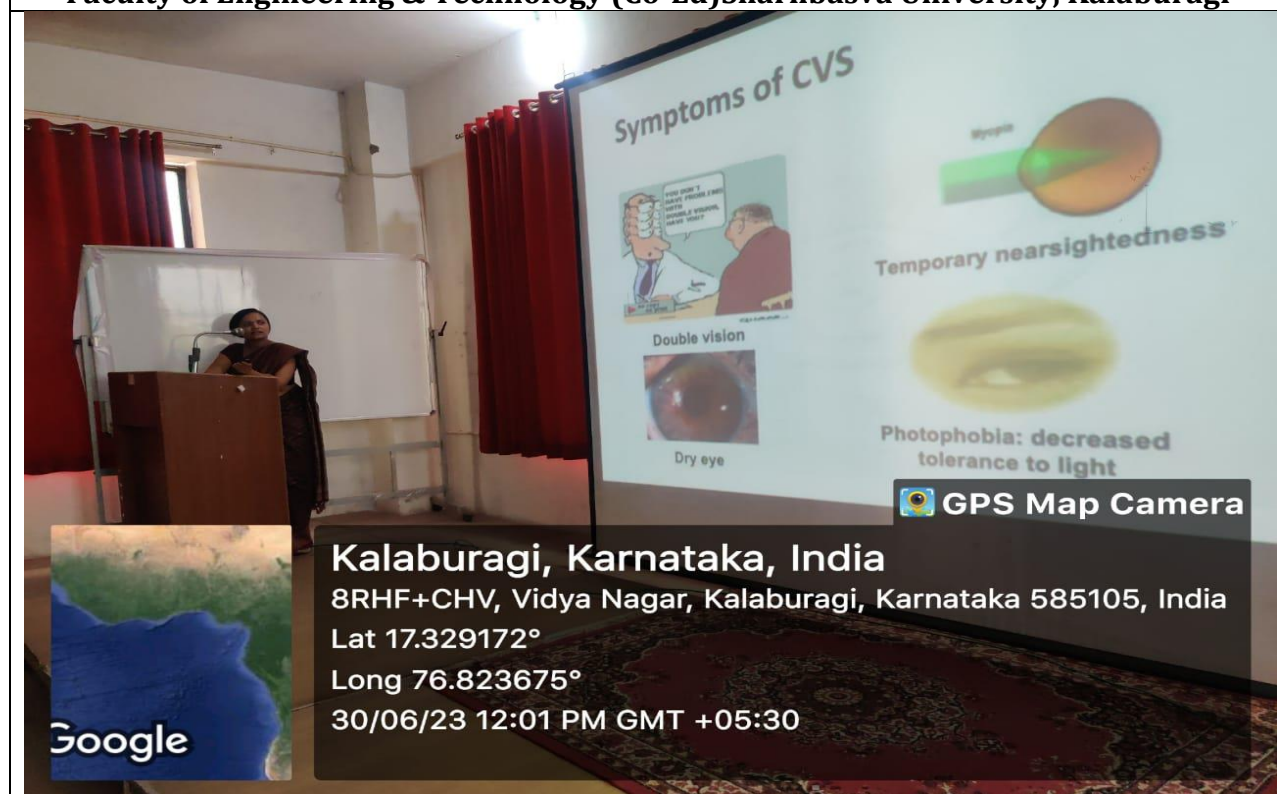
**4. Description about the invited talk:** In the inaugural function Dr. Shivkumar Jawaligi, Dean, Faculty of Engg. & Tech. inaugurated the session. Mrs. Revati kala, Asst. Prof. Dept. of ECE (Co-Education) introduced the speaker to the gathering. The guest speaker is felicitated by the Dr. Shivkumar Jawaligi, Dean, Faculty of Engg. & Tech. Sharnbasva University, Kalaburagi.

The speaker started the session by introducing the importance of eye hygiene. The following are important highlights of the talk:

- **Eye Strain:** Prolonged computer use can lead to symptoms like dryness, redness, itching, and blurred vision.
- **Headaches:** CVS can cause recurrent headaches due to eye muscle strain from extended near-focusing on a screen.
- **Dry Eyes:** Reduced blinking while using a computer can result in dry and irritated eyes.
- **Poor Posture and Discomfort:** Incorrect posture while using a computer can lead to neck and shoulder pain.
- **Sleep Disturbances:** Blue light from screens can disrupt sleep patterns, affecting sleep quality.



**Figure1- Felicitation to the Guest Speaker by Dr. Shivkumar Jawaligi, Dean Faculty of Engineering & Technology (Co-Ed)Sharnbasva University, Kalaburagi**



**Figure-2-Session conduction by Guest Speaker Dr.Rajeshwari**





**Figure-3-Participants attending the session**



**Figure-4- Participants attending the session and Speaker Delivering the talk**

Course outcome: This talk enables the students to understand symptoms of eye diseases and preventives measures need to be taken to overcome the eye diseases.

**COURSE OUTCOME AND PROGRAMME OUTCOME MAPPING (1/2/3):**

**Note: 1-Low, 2-Medium, 3-High**

CO/PO	PO.1	PO.2	PO.3	PO.4	PO.5	PO.6	PO.7	PO.8	PO.9	PO.10	PO.11	PO.12	PS0.1	PS0.2
CO	-	-	-	-	-	3	-	-	-	-	-	2	-	-

Impact of the invited talk: This talk enables the students to understand symptoms of eye diseases due to the excess usage of cellphones and laptops and preventive measures taken to overcome the eye diseases.