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A Private University enacted by Govt. of Karnataka as "Sharnbasva University Act. 2012" Karnataka Act No. 17 of 2013. Notification No. ED 144 URC 2016 dated 29/07/2017

Date: 01/08/2023

## FACULTY OF ENGINEERING & TECHNOLOGY (CO-EDUCATION) DEPARTMENT OF ELECTRONICS & COMMUNICATION ENGINEERING

REPORT ON

INVITED TALK BY: **DR. MONICA KOLSUR,** V N HOSPITAL, KALABURAGI **TOPIC:** "INTERNET ADDICTION AND BEHAVIOURAL DISTURBANCES"

1. TITLE: INSIGHT INTO VISION: A TALK ON "INTERNET ADDICTION AND BEHAVIOURAL DISTURBANCES"

DATES: 1-8-2023

- **2. Preamble:** Invited talk on **"INTERNET ADDICTION AND BEHAVIOURAL DISTURBANCES"** was conducted on 1-8-2023 by the Department of Electronics & Communication Engineering. The talk is to make the UG students to understand health issues caused by over usage of internet on cellphones.
- **3. Participant's information:** The students of UG  $2^{nd}$  semester have attended. Total Participants are 100.
- **4. Description about the invited talk:** In the inaugural function Dr. Shivkumar Jawaligi, Dean, Faculty of Engg. & Tech. inaugurated the session. Mrs. Shruti Patil, Asst. Prof. Dept. of ECE (Co-Education) introduced the speaker to the gathering. The guest speaker is felicitated by the Dr. Shivkumar Jawaligi, Dean, Faculty of Engg. & Tech. Sharnbasva University, Kalaburagi and other members on the dias.

The speaker started the session by analyzing the addiction level of a students by conducting simple addiction test. The following are important highlights of the talk:

- What is internet addiction.
- > Types of internet addiction.
- ➤ How does it starts.
- Carving.
- > Tolerance.
- Withdrawal.
- Somatic Symptoms
- Addiction
- ➤ How to handle the addiction?
- How to resolve.



Figure 1- Felicitation to the Guest Speaker by Dr. Shivkumar Jawaligi, Dean Faculty of Engineering & Technology (Co-Ed)Sharnbasva University, Kalaburagi



Figure-2-Session conduction by Guest Speaker Dr.Mnica Kolsur



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Figure-4- Participants attending the session and Speaker Delivering the talk

Course outcome: This talk enables the students to understand harmful effects of internet addiction on human body and how to overcome it.

## COURSE OUTCOME AND PROGRAMME OUTCOME MAPPING (1/2/3):

Note: 1-Low, 2-Medium, 3-High

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CO	•	•	-	-	-	3	-	-	-	-	-	2	•	-

Impact of the invited talk: This talk enables the students to understand the health hazards due to internet addiction and provided the ways for the addicted students to come out of it.